

Grow Food, Make Shelter

A weekend course in sustainable food gardening with permaculture design and low-cost, low-impact sheltermaking

'Grow Food' Day

Saturday July 17th, 10am - 5pm

The venue is a small site featuring lush permaculture gardens, ponds and composting systems, a small scale wind power system and low-impact, low-cost natural buildings.

The programme will include:

- * Discovering permaculture design for sustainable living.
 - * Permaculture design principles.
- * What plants and animals are useful for permaculture in Ireland?
 - * Tour the site and see permaculture in action.
 - * Soil fertility and composting organic waste.
 - * Making a Sheet Mulch garden on top of weeds.
- * Making an easy care, low-water-use Wicking Bed garden.
 - * Some wild foods - cooking and eating them.

The day will be an empowering mix of theory, practise, observation and discussion with Alanna Moore

Alanna is an Australian permaculture farmer/teacher (for over 20 years) and author of 'Sensitive Permaculture'.

Her website is at www.permacultureireland.ie



'Make Shelter' Day

Sunday July 18th, 10am - 5pm

The day will be an empowering mix of theory, practise, observation and discussion with students having the opportunity to work on actual buildings. The workshop, which will be led by Peter Cowman, will focus on the design of small, low-impact, low-cost buildings which in many cases can be constructed free of planning permission.

The programme will include:

- ❖ Configuring a design
- ❖ How to avoid a mortgage
- ❖ Setting out your building budget
- ❖ Drawing & modelmaking
- ❖ Basic structural principles
- ❖ Passive solar design principles
- ❖ Instruction on tools and techniques
- ❖ Setting up a work area & bench
- ❖ Selecting and using natural materials
- ❖ Making building components - peter-posts, floor and roof beams
- ❖ Setting out a building on-site
- ❖ Hands-on assembly of building components
- ❖ Installation of windows and doors
- ❖ Installation of services
- ❖ Infilling walls, floors and roof
- ❖ Finishing out

Peter Cowman is an acclaimed Irish architect and eco-builder .
His website is at www.livingarchitecturecentre.com

Discover the secrets of mortgage free sheltermaking



Fee: Incl. lunch €75 per day/€60 concession

50% deposit by August 1st., payable by PayPal, cheque or direct bank deposit

Venue: 'Siog' is a small site near Drumsna in south Leitrim approx. 2 hours from Dublin

Bookings

Online: livingarchitecturecentre.com

eMail: sheltermaker@gmail.com

Phone 086 10 22 400 or 076 602 6046